## SEMINAR ON WORLD EARTH DAY

The seminar organized by Nandha Ayurveda Medical College and Hospital on 23.04.2024, in collaboration with the Centre for Indian Medical Heritage (CIMH), in honor of World Earth Day was truly enlightening. Led by Shri. Mallan Kani, a renowned folklore vaidya from Adivasi Gotravarga Vamsheya Vaidya Samidhi, Agastyarkoodam, Kerala, who showed the remarkable medicinal plant "Arogya pacha" (Trichopus zeylanicus Gaertn.) and its innumerable utility to the world during 1980s.

Shri. Mallan Kani provided insights into the history of the "Arogya pacha" plant and medicinal use of other endemic flora of the Western Ghats, offering valuable knowledge on traditional healing practice. It was a deeply enriching experience for all attendees, emphasizing the importance of indigenous wisdom in healthcare and environmental protection.

Intake Capacity : 150



**NETRAM'24 – NATIONAL SEMINAR** 

Netram, a National Seminar on Ayurvedic ophthalmology was conducted in association

with AVP Research Foundation, Coimbatore and The Eye Foundation, Erode on 22-5-24. The

event commenced with a solemn prayer, and a ceremonial lighting of the lamp .Dr. M. Krithiga,

Principal, welcomed the gathering.

In the first, of an intended series, on Ophthalmology, Dr. Karthik Krishnan, Dr. Vijay Kumar, Dr.

Premshankar and Dr. Pundareekaksha Rao, took competing turns to educate and inspire the

students.

Dr. Karthik Krishnan kicked off the series with an invigorating session that felt more like

a motivational speech. His energetic and positive demeanor set the tone for the rest of the

presentations.

Next in line was Dr. Vijay Kumar, who delved into the realm of common eye diseases, and

their management in Allopathy. He shed light on various conditions that affect a large number of

people and provided insights into how these diseases can be treated using conventional medical

practices. Dr. Vijay Kumar's presentation was informative and eye-opening, highlighting the

importance of early detection and treatment of eye problems.

Dr. Premshankar took the stage next, focusing on the use of kriya kalpas for different eye

disorders. He shared success stories of patients who had benefitted from these traditional

Ayurvedic practices and emphasized the holistic approach to eye care. Dr. Premshankar's

presentation was inspiring, and showcased the effectiveness of Ayurvedic therapies in treating eye

ailments.

Lastly, Dr. Pundareekaksha Rao wrapped up the series with his enlightening session on

managing various eye diseases. He presented before-and-after reports, photos, and testimonials of

patients who had undergone treatment under his care. Dr. Pundareekaksha Rao's success stories

showcased his expertise in the field of ophthalmology, and highlighted the positive impact he had

on his patient's lives.

**Intake Capacity** 

: 184





## INTERNATIONAL YOGA DAY

On the occasion of International Yoga Day, the students of Nandha Ayurveda Medical College and Hospital took the initiative to spread awareness about the physical and mental benefits of practicing yoga. From 19th June 2024 to 21st June 2024, the students visited Kasipalayam Government School to teach yoga to the students.

The students of Nandha Ayurveda Medical College and Hospital conducted yoga sessions for the students of Kasipalayam Government School, teaching them basic yoga postures and breathing techniques. They explained the importance of yoga in maintaining physical fitness, reducing stress, and promoting mental clarity.

In conclusion, the students of Nandha Ayurveda Medical College and Hospital's visit to Kasipalayam Government School to teach yoga on International Yoga Day was a successful initiative in promoting health and wellness through the practice of yoga. The students' efforts to educate and inspire the younger generation about the benefits of yoga will undoubtedly make a positive impact on their overall well-being.





## SANSKRIT DAY & CHARAKA JAYANTI

Nandha Ayurveda Medical College and Hospital celebrated Sanskrit Day and Charaka Jayanti on August 28, 2024 with a series of enriching activities. The event featured a Charaka Parayanam with the participation of all students and teachers, conducted in the esteemed presence of Smt. Niranjana K.J., Sanskrit Professor at Santhigiri Ayurveda Medical College, Palakkad. In honor of Sanskrit Day, the college organized a sloka recitation and a Sanskrit speech competition, where the top performers were awarded cash prizes. Additionally, students showcased their talents with a skit that vividly illustrated the differences in unity and attitudes among people across the four yugas.

**Intake Capacity: 250** 







SATELLITE SEMINAR ON ARTIFICIAL **INTELLIGENCE** 

Nandha Ayurveda Medical College and Hospital, as part of the 10th World Ayurveda

Congress and Ayurveda Expo, organized a Satellite Seminar on Artificial Intelligence in Ayurveda

on 7th November 2024 at our campus. The seminar commenced with Prayer, lighting the lamp and

a warm welcome address by Dr. Sreejith K. P., HOd & Professor, Dept of Shalya Tantra, setting

the tone for an engaging and insightful event.

The first session, titled "AIoT and the Future of Medical Diagnostics," was delivered by

Dr. C. Sankar Ram, Assistant Professor, Department of Computer Science and Engineering, Anna

University, Tiruchirappalli. This session explored the integration of Artificial Intelligence and the

Internet of Things (AIoT) in advancing diagnostic capabilities in medical practice.

The second session, "The Evolution of Artificial Intelligence in Health Care," was presented by

Dr. R. Arun Prakash, Assistant Professor (Senior Grade), Department of Computer Science and

Engineering, Anna University, Tiruchirappalli, who highlighted the transformative journey of AI

in the healthcare domain and its potential to revolutionize patient care.

This seminar served as an excellent platform to discuss the promising intersection of

Artificial Intelligence and Ayurveda, paving the way for innovative advancements in healthcare.

**Intake Capacity** 

: 245





National Seminar - Samiddha '24

Nandha Ayurveda Medical College and Hospital, in association with Jignasa North

Tamilnadu, successfully organized the National Seminar titled "Samiddha – A Path Towards

Enlightenment".

The event began with a warm welcome address by the Principal, Dr. M. Krithiga, setting the tone

for an enriching day.

The Chief Guest, Smt. Sangita Varier, Director of Arya Vaidya Pharmacy, Coimbatore,

addressed the gathering with her inspiring words, emphasizing the significance of Ayurveda in

contemporary healthcare.

The seminar featured three impactful sessions:

• In the first session, Dr. Arjun Chand, Associate Professor, Pankaja Kasthuri Ayurveda

Medical College and Post graduate Center, Kerala, elaborated on the topic "Satvavajaya",

delving into the various dimensions of psychotherapy in Ayurveda.

The second session by Dr. Sreevaths, Orthopedician and Marma specialist,

Svasthyakshetram Ayurvedic Health Care Centre, Kerala, explored Marma Massage,

showcasing its importance as Ayurveda's contribution to sports medicine.

The final session by Dr. P. P. Pradeep Kumar, Research Officer, CCRAS, National

Ayurveda Institute for Panchakarma, Kerala, focused on the Sensitization of the Prakriti

Web Portal, highlighting its role in leveraging technology for personalized Ayurvedic care.

To promote academic excellence, Paper Presentation and Poster Presentation competitions

were conducted for Ayurveda scholars, with winners receiving attractive prizes.

**Intake Capacity: 168** 







