## NANDHA AYURVEDA MEDICAL COLLEGE AND HOSPITAL ERODE - 638 052.

## **NATIONAL AYURVEDA DAY CELEBRATION - 2022**

## Awareness class on "Ayurveda diet for healthy progeny"

As a part of **National Ayurveda Day Celebration**, an awareness class was conducted on 30.09.2022 by Dr Anusha. U, Assistant Professor, Department of Prasuti Tantra & Striroga on the topic **Ayurveda diet for healthy progeny** at Vellalar College of Education, Erode.

## AYURVEDA DIET FOR HEALTHY PROGENY





Venue: Vellalar College of Education

Date: 30th September, 2022

