## NANDHA AYURVEDA MEDICAL COLLEGE AND HOSPITAL ERODE - 638 052

## "AZADI KA AMRIT MAHOTSAV"

## **MOTIVATIONAL SPEECH**

Venue: Nandha Conference Hall, NEC, Campus

Date:23-04-2022 Time: 10.00am to 1.00pm

The students of Nandha Ayurveda Medical College had an opportunity to take part in a seminar conducted as a part of Azadi ka Amrit Mahotsav by Nandha Ayurveda Medical College and Hospital on 23<sup>rd</sup> of April 2022 at Nandha Conference Hall, NEC,Campus, Erode. The seminar started at 10.00am by lightening the lamp by Dr.M.Krithiga, Prinicipal of Nandha Ayurveda Medical College and Hospital, Erode and it was followed by a prayer. The seminar was organized on an inspiring and uplifting motivational speech by the chief guest Mr. Prakash Nair, Principal of Nandha Central City School, Erode.

The welcome address was delivered by the principal Dr.M.Krithiga for addressing the gathering and to introduce the guest speaker. The portfolio of the speaker along with his achievements was shared by the principal. Later the dais was handed over to our chief guest and the session had a cheerful beginning with a small demonstration of a very important life lesson using a simple matchbox. The session had various other fun segments that taught us important values like Trust, letting go of past, signifying present more than worrying about future and so on. The concourse also included a simple IQ test and Mental age detecting questions which played an important rolein understanding our deeper self. The speech delivered was not only motivating but provoked a sense of courage, wisdom and determination in every young mind.

The session ended successfully with Vote of thanks delivered by Mr.Sabaridharan, Assistant Professor, Dept of Samhitha and Sidhanta on behalf of the College and the Management.

The seminar was really beneficial for the students and was a great success.

Date: 25- 04-2022

Place: Erode







