## NANDHA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

## ERODE - 638 052

## "AZADI KA AMRIT MAHOTSAV"

## **MENSTRUAL HYGIENE**

VENUE: THOTTANI DATE:20.07.2022

TIME: 10.00 PM

The students of Nandha Ayurveda Medical college and Hospital, Erode reached the village Thottani and visited the Govt. School of that village and educated the students on Menstrual hygiene. The importance of Menstrual hygienewas taught to the students who were reaching the adolescence age and also to the students who reached Menarche. This program was very useful to the school children. The students also discussed the problems that are faced by the people due to irregular periods. This session was enlightening for the school students.

Place: ERODE Date:28.07.2022

