## NANDHA AYURVEDA MEDICAL COLLEGE AND HOSPITAL ERODE - 638 052

## "AZADI KA AMRIT MAHOTSAV"

## AYUSH AAPKE DWAR

As a part of Azadi ka Amrit Mahotsav, Department of Dravyaguna Vijnana of Nandha Ayurveda Medical College & Hospital had conducted a campaign titled "**Ayush aapke ke dwar**" at Nandha Central School on 17<sup>th</sup> September 2021. An introductory speech was delivered by Dr.Krithiga.M, Principal, Nandha Ayurveda Medical College & Hospital during the programme. Following the speech an awareness class was taken regarding the importance of medicinal plants by Dr.Sailakshmi V J, Assistant Professor, Department of Dravyaguna Vijnana. There was a medicinal plant distribution programme which has been initiated by Mr.Rajesh, Principal, Nandha Central School. During the campaign, 11 species of medicinal plants with a total of 24 medicinal plants were distributed to the school students.

List of medicinal plants distributed are given below; Name of plant

1. Rakta chandana	- 2
2. Gambhari	- 2
3. Beejaka	- 2
4. Arjuna	- 2
5. Haritaki	- 2
6. Amalaki	- 2
7. Jambu	- 2
8. Vamsa	- 1
9. Pareesha	- 1
10. Vasa	- 4
11. Ajaparna	- 4

## Number of plants given



Introductory speech by Dr Krithiga M, Principal, Nandha Ayurveda Medical College & Hospital



Awareness class on Medicinal plants by Dr Sailakshmi V J, Assistant Professor, Dept.ofDravyaguna Vijnana, Nandha Ayurveda Medical College & Hospital



Ayush Aapke Dwar campaign by Nandha Ayurveda Medical College & Hospital at NandhaCentral School



Medicinal plant distribution



Haritaki planting done by school student